

2021-22 NFHS VOLLEYBALL RULES POWERPOINT

National Federation of State High School Associations



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Rules Changes Major Editorial Changes Points of Emphasis



sports imports

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OFFICIAL VOLLEYBALL PARTNER OF THE



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS (NFHS)







NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- NFHS (located in Indianapolis, IN Est. 1920):
 - National leader and advocate for high school athletics and performing arts programs.
 - Serves 51 state associations, 19,500 high schools and 12 million student participants.
 - Writes playing rules for 17 high school sports for boys and girls.
 - Offers online education courses for high school coaches, officials, parents, students and others.
 - Ensures that students have opportunity to enjoy healthy participation, achievement and good sportsmanship in education-based athletics.







NFHS RULES REVIEW COMMITTEE

The NFHS Rules Review Committee is chaired by the chief operating officer and composed of all rules editors. After each committee concludes its deliberations and has adopted its recommended changes for the subsequent year, such revisions will be evaluated by the Rules Review Committee.



Davis Whitfield Chief Operating Officer



Lindsey Atkinson Girls Lacrosse and Volleyball



Bob ColgateFootball and Sports
Medicine



Sandy SearcySoftball, Swimming &
Diving and Water Polo



Elliot Hopkins
Baseball and
Wrestling



Julie Cochran Cross Country, Gymnastics, Field Hockey and Track & Field



James Weaver Boys Lacrosse and Spirit



Theresia Wynns
Basketball and



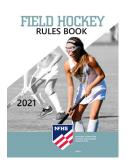
Dan Schuster Ice Hockey

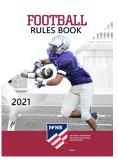


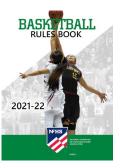


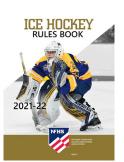
NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- The NFHS writes playing rules for 17 sports for boys and girls at the high school level.
 - Publishes 4 million pieces of materials annually.







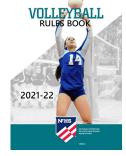


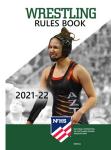




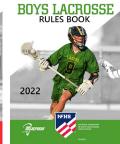


























NFHS RULES BOOK AS E-BOOKS



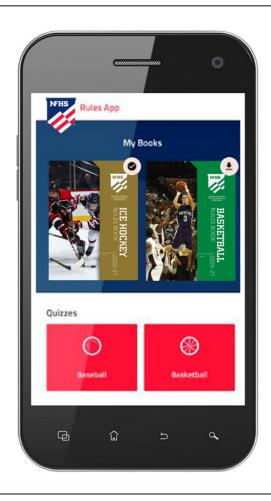
E-books features:

- Searchable
- Highlight areas of interest
- Make notes
- Easy navigation
- Adjustable viewing size
- Immediate availability





NEW NFHS RULES APP



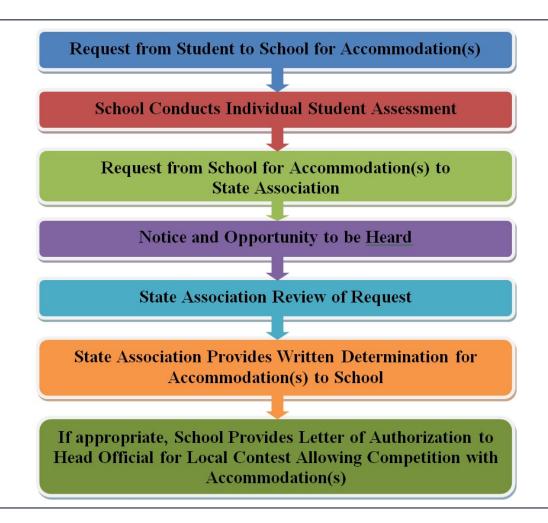
- Rules App features:
 - Searchable
 - Highlight notes
 - Bookmarks
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 - Free to paid members of the NFHS Coaches and Officials Associations
 - www.nfhs.org/erules for more information







GUIDELINES FOR SCHOOLS AND STATE ASSOCIATIONS FOR CONSIDERATION OF ACCOMMODATIONS







Rules Changes

2021-22 NFHS VOLLEYBALL



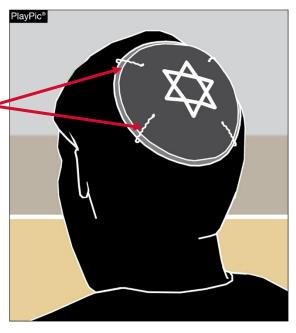


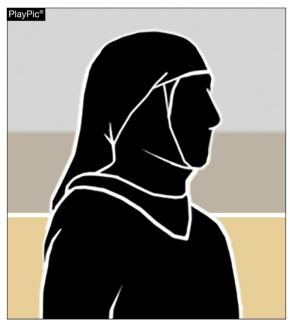


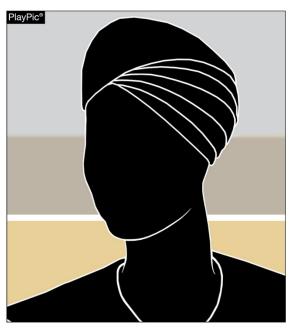
RULE 4-1-6a, b (NEW)

Legal hair devices such as bobby pins and flat clips, no longer than two inches, may be used to secure head coverings.

(4-1-6)









- The headwear must fit securely and be made of non-abrasive or soft materials.
- Head coverings worn for medical reasons must still receive state association approval.



CULTURAL AND ETHNIC CONSIDERATIONS:

- To be asked of Coaches: "Coaches, please certify to the Contest Official that your team is equipped and uniformed as per NFHS and PIAA rules"
- The philosophy of PIAA is to allow each individual athlete to play the game; therefore, if the Coach certifies that the adornment or hard, unyielding attachment has a cultural or ethnic basis, the individual athlete will be allowed to participate in the match, with the adornment.
- However, inasmuch as such an adornment or wearing of a hard, unyielding attachment is not allowed by NFHS rules, it shall be reported by the Official to the District Representative and PIAA.





RULES 5-3-1, 5-3-1 NOTES

Officials Uniform:

- By state association adoption may be gray and/or bright blue (cyan) in addition to the traditional white polo-style shirts.
- May be short or long-sleeved.
- Must be like-colored among officials in a match.











RULES 5-3-1; 5-3-1 NOTES

- State Associations may make temporary adjustments in officials' uniform to accommodate varying conditions within the competition facility.
- The colors established in 5-3-1a and b must be maintained.



State Association
Approved:
Black shorts



State Association
Approved:
White ½ zip pullover



OFFICIAL UNIFORM:

Black and White striped shirt OR White Polo Shirt

- Both officials must be dressed alike
- Modification of uniform in cold facilities can be jacket or sweater
- A white manufacturer's symbol is allowed on shoe/ sneakers. Refer to PIAA website for listing.

As a result of a motion made during the June 2021 meeting of the Officials' Council, District 3 Male Officials' Representative Bill McHale made a motion to allow white on shoes worn by all PIAA registered officials. This motion was approved by the Officials' Council and brought to the PIAA Board of Directors for a vote on July 14, 2021. On that date, the Board of Directors, in an effort to provide officials with additional opportunities to purchase comfortable shoes, approved this motion unanimously.





















RULES 7-1-4 PENALTIES(1), 9-9-1b (NEW)





When a head coach submits a lineup after two minutes remain on the prematch clock, an unnecessary delay (administrative yellow card) is assessed at the start of set No. 1.

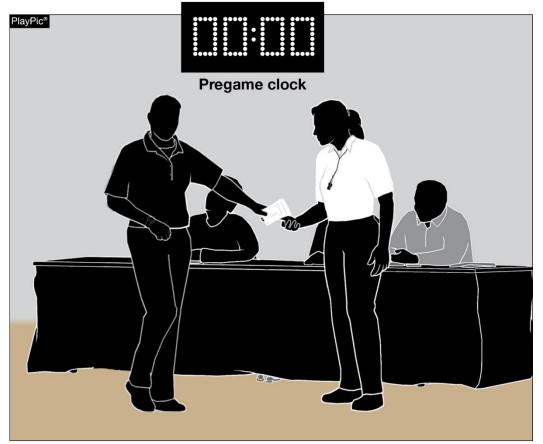


 Lineups are due to the second referee no later than two minutes prior to the end of the timed prematch warmup (7-1-2a).





RULES 7-1-4 PENALTIES(1), 9-9-1b (NEW)





If the head coach has not submitted the lineup by the end of the prematch warmup, a subsequent unnecessary delay (administrative red card) is assessed at the start of set No.1, which results in a loss of rally/point awarded to the opponent.







RULES 7-1-4 PENALTIES(2), 9-9-1b (NEW)

Lineups are due to the second referee no later than one minute prior to the end of the timed interval/ intermission between sets (7-1-2b).





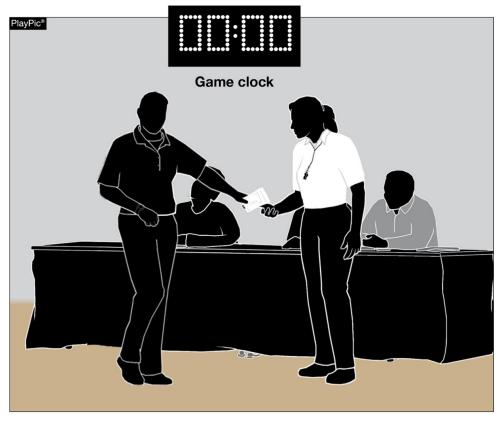
When a head coach submits a lineup after one minute remains on the clock, an unnecessary delay (administrative yellow card) is assessed at the start of the next set.







RULES 7-1-4 PENALTIES(2), 9-9-1b (NEW)





If the head coach has not submitted the lineup by the end of the timed interval/intermission between sets, a subsequent unnecessary delay (administrative red card) is assessed at the start of the next set, which results in a loss of rally/point awarded to the opponent.





Editorial Changes

2021-22 NFHS VOLLEYBALL







STATE ASSOCIATION ADOPTION CHART (NEW)

- New to the 2021-22 Volleyball Rules
 Book is this State Association Adoption
 Chart found on pg. 72.
- The chart identifies all allowable state association adoptions found within the rules book – providing a summary of the rule and rules references.

1.	Authorizing use of best two-of-three sets. Any intermission shall occur between set Nos. 1 and 2.	1-2-1 NOTE 1, 11-5-2e
2.	Authorizing use of modified match format for series other than dual varsity matches.	1-2-1 NOTE 2
3.	Determining protocols for match forfeits.	1-5-2a, b and c; 1-5-4; 6-2-
4.	Authorizing resumption of play for a suspended match.	1-7
5.	Authorizing rule exceptions to provide reasonable accommodations.	4-1 NOTE 2
6.	Authorizing use of one commemorative/memorial patch on the uniform.	4-2-1g
7.	Determining if line judges will be provided by someone other than the host school.	5-1-1
8.	Authorizing temporary adjustments to the officials uniform based on facility conditions.	5-3-1 NOTE
9.	Authorizing use of hand signals by line judges.	5-9-4
10.	Authorizing permission for teams to remain on the same benches throughout the match.	9-1-2 NOTE, 9-2-2
11.	Determining additional policies as it pertains to electronic devices.	9-2-1b NOTE
12.	Determining the number, length and protocol of electronic media time-outs.	11-2-3 NOTE







EDITORIAL CHANGES

- **5-4-3c(22)** 22. Whistle and signal "end-of-set," whistle and direct players...
- 5-5-3b(21) 21. Determine, then notify the first referee...





Points of Emphasis

2021-22 NFHS VOLLEYBALL







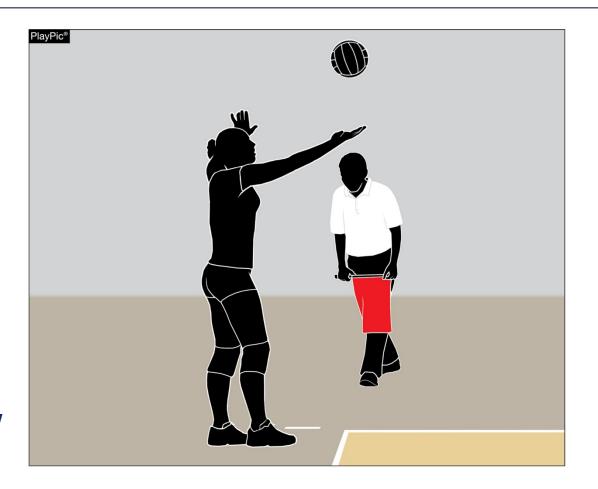


- Meet with both line judges, with flags, in a safe area near the court, while teams warm-up;
- Provide a friendly atmosphere with introductions and explain that they are now officials and not to engage in cheering for either team;
- Quickly assess the knowledge and experience level of each line judge by asking questions;
- Define and demonstrate the line judge's base position;









- Explain that they may need to move to get out of the way of a player(s) or ball;
- Encourage line judges to move when a server encroaches in their area — they will need to take a position parallel to the end line, about 4-5 feet from the corner, with the idea that they need to immediately return to their base position after contact of serve or once the player(s) enters the court;







- Explain that a server cannot contact the end line while contacting the ball for serve;
- Define their two lines of responsibility (end line and sideline) on their court and the other court;
- Remind them that a ball that lands on the line is in;
- Remind them that out also includes a ball contacting either antenna or if the entire ball goes outside either of the antenna (the antenna extends above the ceiling to infinity);
- Briefly explain the touch signal and that it is only needed at the end of a play;
- Demonstrate each signal as you review.



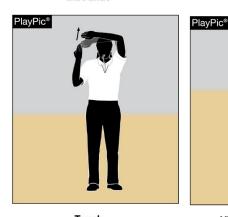
Obtain R1's attention



Touch



Inbounds



Touch



Out of bounds

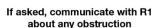
View of play blocked



PlayPic[®]

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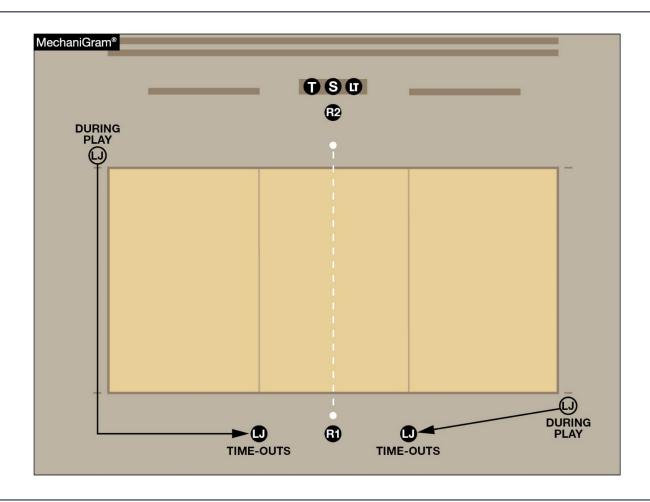
l1











- Invite them to join you, at each attack line, near the referee's stand during time-outs;
- Encourage them to communicate if a coach or fan is being inappropriate toward them; and
- Lastly, remind the line judges that they are not ball retrievers.







COACH AND OFFICIAL COMMUNICATION: PRE-MATCH



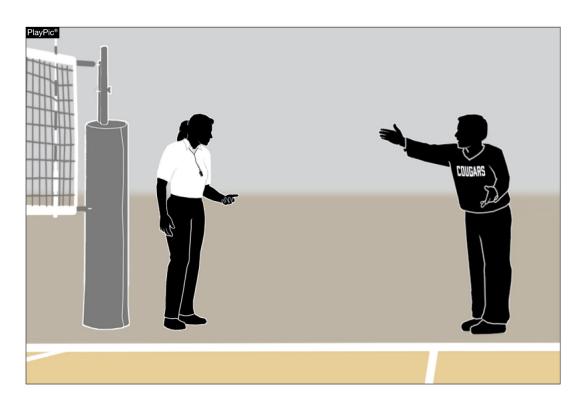
- It is preferrable to have both referees walk into the assigned site together, no less than 30 minutes prior to the schedule start time.
- Referees should introduce themselves to one another.
- After communication with home management, referees should introduce themselves to each coach at an appropriate time during warm-ups.
- The dialogue between any official and coach should prove that the officials can be cordial without crossing the line causing a perception of familiarity.
- Spending too much time with one coach over another will be noticed.
- Take on the role of a facilitator rather than an enforcer.
- The degree of separation will come once the game begins, but if the officials establish a rapport of harmony rather than discord, it will bode well as the match proceeds.







COACH AND OFFICIAL COMMUNICATION: DURING THE MATCH



- Because the officials have established a good rapport with each coach during the pre-match, this environment should continue during the match.
- Regardless of previous history or familiarity, all coaches must be treated consistently and humanly.
- A good referee listens rather than reacts when a coach genuinely inquiries about a non-judgment play.
 - Listen, provide a quick response, then give the game back to the first referee.
- The second referee has the task to serve and protect and can certainly pre-empt or defuse potential unsporting conduct by a coach or another participant.







COACH AND OFFICIAL COMMUNICATION: POST MATCH



- After the second referee initials the scoresheet, the R2 gathers both referees' belongings and meets the first referee at a predetermined location to exit together.
- There is no need for any discussion between a referee and coach or a referee and a spectator.
- Protect each other and go to a location where a productive post-conference can be conducted.

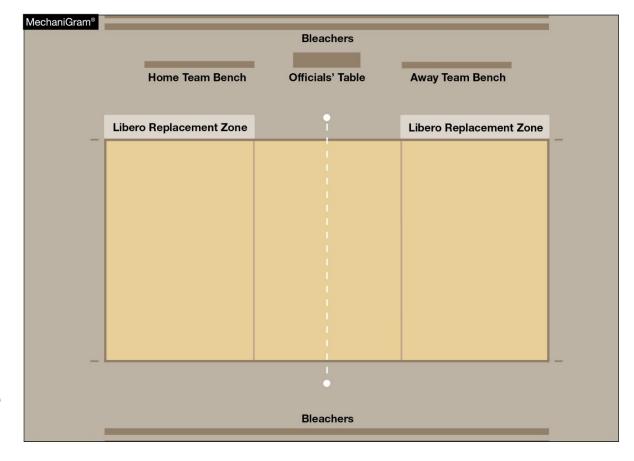






STATE ASSOCIATION ADOPTIONS — TEAM BENCHES

- The NFHS Volleyball Rules Book includes specific rule modifications that are allowed by state level adoption. Rules include:
 - Match format;
 - Forfeit protocol;
 - Uniform and equipment accommodations;
 - Line judge flags;
 - Electronic devices; and
 - Bench rotation.
- State Associations may in compliance with the rules allow teams to remain on one designated side of the court occupying the same team bench throughout the match.





PIAA Board Approval: NFHS Modifications

- Electronic Whistles can be used by the PIAA Official
- Teams shall no longer change benches during Match play

USE OF FLAGS:

- All Line Judges shall use flags
- Schools shall provide flags for the Line Judges

• THE BALL:

- The official ball of PIAA is: Baden-Perfection VX5SEC-210
- Schools may use any ball that is approved by NFHS and has the NFHS authenticity mark on the ball.
- The red, white and blue Baden ball will be used at Regional and State championship matches





ADDRESSING UNIFORM CONCERNS



- Manufacturer's Logo Restriction:
 - Logos cannot exceed2.25 square inches
 - Only one logo is permitted on each piece of the uniform including the waistband.



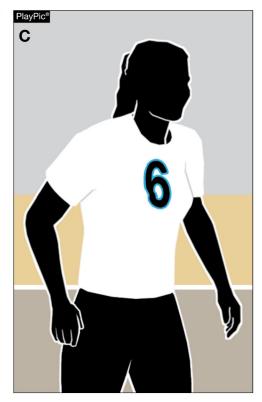




ADDRESSING UNIFORM CONCERNS







Numbers:

- When ordering new uniforms, refer to Rule 4-2-4 for number size and location requirements.
- Beginning in the 2023 season, the body of the number must clearly contrast from the body of the uniform regardless of trim.







ADDRESSING UNIFORM CONCERNS







Style of Uniform Bottoms:

- Multiple styles of uniform bottoms [shorts, spandex, pants (leggings) or skirts] are allowed by rule.
- A combination of likecolored bottoms may be worn within a team.







ADDRESSING UNIFORM CONCERNS









Process of Notification: The official shall first notify the coach about the illegal uniform(s). If the coach cannot fix the problem for the match and therefore does not have six players wearing legal uniforms, a loss of rally/point shall be awarded to the opponent at the beginning of the match and the state association shall be notified.





CORRECTION

- Rules Book
 - Page 69, How to Use the Signals #15: Two short whistles, <u>rotate forearms</u> around each other with closed hands open hands at shoulder height two times.





NFHS OFFICIALS EDUCATION











Course Objectives

- Understand the rules governing alignment
- Identify and explain the purposes of common serve and servereceive positioning
- Provide various techniques for recognizing illegal alignment
- Explain officiating best practices during a game
- Provide video demonstrations to help practice judging alignment

Units

- Rules Governing Alignment
- Common Serve-Receive Positioning
- Common Serving Team Positioning
- Recognizing Illegal Alignment
- "You Make the Call"

FREE



Course Objectives

- -Understand the basic rules of contact and the skills performed in a volleyball match
- -Identify and explain examples of illegal and legal contact
- -Practice making ball handling calls via video demonstrations
- -Create consistency in ball handling calls

Units

- Introduction to Ball Handling
- Rules Governing Ball Handling
- Techniques to Train the Eye
- Variables and External Stimuli
- Overview of Each Skill

FREE



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NFHS NETWORK

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THANK YOU

National Federation of State High School Associations

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